

School Health Advisory Council Activities for 2013-14

The SSISD School Health Advisory Council (SHAC) has met 5 times this school year.

Jeff Sant and Suzy Rost were co-chairs. We continue to have really good attendance at our meetings.

This year we decided to sponsor our first 'health fair.' We called it Family Fun & Fitness Night. It was held Thursday, Feb 27 at SSMS. Members of the SHAC invited businesses, physicians, Memorial Hospital and EMS, state agencies, and other health-related groups to share information. We had over 25 different booths providing a wide variety of health information for families in our community. A bounce house was set up in the gym for kids to enjoy. Door prizes included soccer balls, trial memberships to two fitness clubs, footballs, courtesy lab workups, bike helmets, a car seat and the grand prize of an elliptical machine. We estimate around 200 people attended. For our first attempt, we feel it was a huge success and brought visibility to our district and credibility to our SHAC.

Wellness activities for staff:

- Flu Shots: over 200 staff members received their flu shot at work. Cody Drug was the sole provider this year.
- Mammograms: 60 women used the ETMC Mammogram Van.
- Vascular Screenings: 138 staff received sonogram screenings by Lone Star Surgery and Vein Center.

Update on Mobile Dentist: Due to changes in Medicaid, this service is no longer available. We do have dentists in town now who take Medicaid so we have providers for these students.

We elected Jeff Sant and Kimberly Williams as Co-chairs and Shanna Romero as secretary for 2014-15 school year.

Please see the list of proposed members for the 2014-15 school year.